

2012 TTCC



Baseball, Softball & T-Ball Program

Parent Manual

ATTENTION PARENTS – Please be sure to look through this entire packet for important information...

WHAT'S INCLUDED?

- Philosophy
- Game Etiquette
 - o Team Behavior
 - o Coaches Responsibilities
 - o Parent Responsibilities
 - o Safety
 - o Umpire Responsibilities
 - o Commission Responsibilities
- Thunder & Lightning Policy
- Facility Use / Child Supervision Notice
- Policy on Alcohol & Drug Use
- A Fact Sheet for Parents on Concussions
- Opening Day Flyer
- Homerun Derby Info & Pledge Sheet
- Parent Code of Ethics – *please sign and return to TTCC*
- Player Code of Ethics – *please sign and return to coach*
- Team Roster
- Team Schedule
- Picture Day Packets & Schedule

TAPPLY-THOMPSON COMMUNITY CENTER **GUIDELINES FOR BASEBALL, SOFTBALL & T-BALL**

PHILOSOPHY

It is the philosophy of the Tapply-Thompson Community Center Baseball & Softball Commission to provide a safe, fun and learning environment in which children of all ages can learn and improve their skills and knowledge of the game.

- **EVERY PLAYER PARTICIPATES.** Every child on every team will participate during every game or practice.
- **EMPHASIS ON SKILL DEVELOPMENT.** The TTCC program will emphasize the pleasure of skill development and physical fitness, and avoid preoccupation with winning and perfectionism.
- **SPORTSMANSHIP.** Coaches, players and spectators are representatives of the TTCC and are expected to act accordingly.
- **EQUAL OPPORTUNITY.** Where equal and separate programs do not exist, girls and boys will be granted equal opportunity to participate. Special arrangements will be made to accommodate individuals with disabilities in accordance with the Americans with Disabilities Act.
- **RULES.** This program will use Babe Ruth/Cal Ripken rulebooks, with local adoptions as accepted by the Commission.

GAME ETIQUETTE

A. Team Behavior

- There will be no swearing.
- Players are not allowed to question the umpires' calls and comments should not be heard. The officials should be treated with respect at all times.
- When on the bench, players are expected to keep their hands out of the fence (where applicable).
- Players are responsible for cleaning up their dugout area after each practice and game.
- There should be no heckling or un-sportsmanlike behavior towards the other team or fellow teammates.
- Spitting is not allowed.
- Alcohol, Drugs, Tobacco and Firearms, Lasers, Knives, etc. are prohibited at all times. See Drug & Alcohol policy.

B. Coaches Responsibilities

Coaches who participate in the TTCC programs assume the following responsibilities:

- Will sign the Coaches Code of Ethics.
- Submit to a Background Record Check.
- Attend a CoachSmartNH training.
- In practices and games, players should be as evenly matched as possible – a preoccupation with winning is discouraged. Players should be taught to accept defeat graciously, and Coaches should lead by example.
- To demonstrate respect for the authority of the “official”, the skills of the players and the coaches. In all communications, coaches and officials shall conduct themselves in a professional manner.
- To notify parents/players of schedule changes.
- To ensure that TTCC equipment is accounted for, and maintained in useable condition.

- To be reliable, and on time. (The first to arrive, last to leave) Coaches are responsible to wait for all children to be picked up after practices or games. If a parent is repeatedly late please notify the TTCC Office.
- To never play a player who has been injured. When in doubt, do not play the player; think of the player first and not the team's final outcome.
- Coaches are not expected to transport members of their team to and from practices or games.
- To leave facilities in the same or better condition that they were when the team arrived.
- To ensure that all participants in the program have registered and the coach has the proper waiver forms in their possession.
- To ensure that playing conditions, facilities or circumstances present no physical risks to the players, and to take appropriate action if they do.
- To keep the team together, and under your supervision during out-of-town trips. Team and coaches enter and leave areas together.
- To contact parents and the TTCC Office if a player is injured and requires medical attention, and fill out an accident report form as provided by the TTCC. To follow attached policy regarding injured players.
- Keep parents out of the dug out area unless tending to an injury.
- To have all players and coaches shake hands at the conclusion of the game and a positive cheer should be said. Coaches are encouraged to thank officials and the opposing coach.
- To be creative when your team is more skilled than the other team. (Example: Holding up your players, players in different positions). Do not run up the score.
- To use the discipline policy with fair and equal treatment to all players.

C. Parent Responsibilities

- Must sign the Parents Code of Ethics.
- Be sure that players are dressed appropriately for all games. (see Safety section)
- To understand that there is an expectation that you will make practices and games a priority during the season. Please understand that a lack of commitment could affect the amount of time your child plays.
- Will be prompt in dropping off and picking up their children at games and practices.
- Will promote good sportsmanship at all times during games.
- Will understand that Alcohol, Drugs, Tobacco and Firearms are prohibited at all fields.
- At Wells Field spectators will not park on the Highway Shed property that overlooks the field.
- If a parent feels the weather is unsafe when they arrive at the field they should not allow their child to play.
- Coaches are not required to call regarding game cancellations. A message will be left on the TTCC answering service one hour prior to game start if the game is cancelled. The number is 744-2713. If there is no message you should assume the game is on and go to the field.
- Parents are responsible for keeping their children away from the third base line, woods and state shed area. Younger children must be attended at all times.
- Will view games from the areas designated for spectators.
- Parents are encouraged to come to the Baseball Commission meetings. Call for dates and times or check our website at www.ttccrec.org. This is the forum for questions or concerns.
- To be familiar with the discipline policy that will be used throughout the league for players, coaches and parents.

D. Safety

- Players should not be allowed to stand in the dugout doorways.

- There will be no on-deck batter in any league.
- While in the dugout, players should keep all hands and objects away from the fence where applicable.
- Proper equipment should be worn at all times.
- No jewelry should be worn during games or practices.

E. Umpire Responsibilities

- Umpires will be professional & respectful in dealing with coaches, players and parents.
- Will promote good sportsmanship and be fair and impartial.
- Shall be knowledgeable in the rules of the game.
- Will inspect the fields prior to games to assess unsafe situations that may exist.
- Are encouraged to attend Board meetings.
- Will have complete authority at the field.
- Will give the team manager the first opportunity to deal with a spectator issue and if it is not resolved will discontinue play until it is.

F. Baseball/Softball Commission Responsibilities

- Advertising & program registration; collection of fees.
- Providing coaches with parental permission and health forms for each player.
- Game scheduling & rescheduling, printing of schedules, confirmation of games and scheduling of umpires.
- Field preparation & maintenance.
- Providing proper equipment including first aid kit, scorebook, rulebook and bases.
- Equipment issue, cleaning, collection and storage.
- Interviewing, hiring, dismissal of coaches and officials.
- Preparation and management of program budget.
- Notifying coaches and officials of schedule changes.
- Providing coaching education opportunities for coaches.
- Enforce the discipline policy.



THUNDER & LIGHTNING POLICY

1. Thunder and lightning necessitates that contests be suspended. The occurrence of thunder and/or lightning is not subject to interpretation or discussion – thunder is thunder and lightning is lightning.
2. When thunder is heard and/or lightning is seen, the following procedures should be adhered to:
 - a. Suspend play and direct participants to go to shelter, a building normally occupied by the public or if a building is unavailable, participants should go inside a vehicle with a solid metal top (e.g. bus, van, car).
 - b. Do not permit people to stand under or near a tree; and have all stay away from poles, antennas, towers, and underground watering systems.
 - c. After thunder and/or lightning have left the area, wait a minimum of 20 minutes after the last boom is heard or strike is seen before resuming play or competition.

Attention Parents

Facility Use

Please be sure that your child or children are attended while using any TTCC, Town, or School facilities during the Baseball & Softball season.

We are extremely lucky to have the use of these facilities and if we do not show that we are respectful of these properties we will be in jeopardy of losing the use of them.

Children should not be dropped off to watch siblings/friends games or practices unless you are staying with them.

There is no smoking allowed at any of the facilities we use so please leave school/town property to smoke.

Any families that are found to violate the rules of use will not be allowed to attend practices/games at these facilities!

We appreciate your cooperation😊

POLICY ON ALCOHOL AND DRUG USE

In keeping with the concept of providing a healthy and safe environment for athletic participation and competition, the following policies will be enforced:

1. The possession, use and/or participation under the influence of alcohol and/or drugs by players, coaches and spectators, including chewing tobacco products is not permitted on TTCC or school properties, nor at any practice, game or team function.

2. Violation of this policy by a player will result in the following:
 - a. The parent/guardian will be notified.
 - b. The player will be suspended from the team for one week.
 - c. For a second offense, the player will be suspended from the team for the remainder of the season, and the parent will be notified by the Baseball / Softball Commission.

3. Violation of this policy by a coach will result in the following:
 - a. Immediate dismissal from his/her coaching position for the season by the Baseball / Softball Commission.

4. Violation of this policy by a spectator will result in the following:
 - a. The spectator will be asked by the coach to dispose of the substance in question or leave the premises.
 - b. The coach is responsible for initial enforcement of this policy. If the spectator refuses to cooperate, the police will be notified.

A FACT SHEET FOR PARENTS ON CONCUSSIONS

WHAT IS A CONCUSSION?

A concussion is a brain injury. Concussions are caused by a bump or blow to the head. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious.

You can't see a concussion. Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury. If your child reports any symptoms of concussion, or if you notice the symptoms yourself, seek medical attention right away.

WHAT ARE THE SIGNS AND SYMPTOMS OF A CONCUSSION?

Signs Observed by Parents or Guardians

If your child has experienced a bump or blow to the head during a game or practice, look for any of the following signs and symptoms of a concussion:

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows behavior or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall

Symptoms Reported by Athlete

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Does not "feel right"

HOW CAN YOU HELP YOUR CHILD PREVENT A CONCUSSION?

Every sport is different, but there are steps your children can take to protect themselves from concussion.

- Ensure that they follow their coach's rules for safety and the rules of the sport.
- Encourage them to practice good sportsmanship at all times.
- Make sure they wear the right protective equipment for their activity (such as helmets, padding, shin guards, and eye and mouth guards). Protective equipment should fit properly, be well maintained, and be worn consistently and correctly.
- Learn the signs and symptoms of a concussion.

WHAT SHOULD YOU DO IF YOU THINK YOUR CHILD HAS A CONCUSSION?

1. **Seek medical attention right away.** A health care professional will be able to decide how serious the concussion is and when it is safe for your child to return to sports.
2. **Keep your child out of play.** Concussions take time to heal. Don't let your child return to play until a health care professional says it's ok. Children who return to play too soon – while the brain is still healing – risk a greater chance of having a second concussion. Second or later concussions can be very serious. They can cause permanent brain damage, affecting your child for a lifetime.
3. **Tell your child's coach about any recent concussion.** Coaches should know if your child had a recent concussion in ANY sport. Your child's coach may not know about a concussion your child received in another sport or activity unless you tell the coach.

It's better to miss one game than the whole season.

For more information and to order additional materials free-of-charge, visit:

WWW.Cdc.gov/ConcussionInYouthSports & For more detailed information on concussion and traumatic brain injury, visit: WWW.Cdc.gov/injury

OPENING DAY AT WELLS FIELD

For all Baseball, Softball & T-Ball Teams

Saturday, May 5th



EVENT SCHEDULE:

9:45-10am: Teams line up outside the outfield fence.

10-11am: Parade of Leagues, Flag Ceremony, President's Address & First Pitch

11am: Let the Games begin...

FOOD AVAILABLE ALL DAY!

Let's Swing into the 2012 Baseball/Softball Season with our 4th Annual Home Run Derby – Sunday, May 20th at Wells TTCC Baseball and Softball Fundraiser

Player's Pledge Sheet

Hi my name is _____ and my team name is _____.
I am raising money for the TTCC baseball and softball program.

I am hoping that you would like to make a pledge based on how many feet I can hit a ball pitched to me. You can either make a pledge per foot or a flat rate. For example...If you pledge .05 per foot and I hit the ball 50 feet then I would collect \$2.50 from you. The home run derby will be held at Wells Field on Sunday May 15, 2011 from 11am-4pm so come down and watch if you have the time. The concession stand will be open and we will have other fun activities going on at the same time. Once I hit my distance, I will return to collect your pledge with a certificate to show you how far I was able to hit the ball! Thank you for your pledge and for your support of the TTCC Baseball/Softball program.

Guidelines:

Your hit length will be determined by distance in the air for major and minor baseball. Rookie, T-ball, and girl's softball will be determined by rolling distance. Babe Ruth participants will be pitched a softball and that length will be determined by distance in the air.

Each hitter will get three hits or 5 pitches whichever ever comes first, and if a hitter is having a rough day at the plate then their minimum hit length will be 40 feet.

For those players who are on their game and are able to send it over the fence, their hit will count as 200 ft.

We suggest that donations be made in increments of .05, .10, .15, etc. for easier calculations.

Players will receive prizes based on the pledge money they collect after the home run derby. Grand prizes will be awarded at the closing day ceremony to top pledge collectors in each age group. Age groups are as follows: 4 – 6; 7 – 8; 9 – 10; 11 – 12; and 13+.

Home Run Derby and team pictures will be held on the same day. Slots for hitting will be based upon team picture times. You will arrive for your pictures and then go over to the field for your chance at hitting. All players should be present for team pictures even if you are not purchasing a package. Babe Ruth participants will be able to hit between 3 - 4 pm. Any parents or adults that want to try their luck can participate for a \$5.00 donation to the home run derby that day. The concession stand will be open, and other activities will be going on during the derby so come on down and check it out!

The pledge form is on the back. If you need another sheet please ask your coach, they will have extras.
Good Luck!



Player's Pledges

Name	Phone Number	Pledge per foot or Flat Rate	Longest hit in feet – filled out derby day	Total pledge Filled out on Derby Day	T here when pledge is collected
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
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26.					
27.					

TTCC committee member (initial) _____ $\frac{\text{Pledge Total} \times \text{Longest Hit}}{\text{Total to Collect}}$

Return sheet & money to TTCC Office by May 27th

PARENTS' CODE OF ETHICS

I hereby pledge to provide positive support, care and encouragement for my child participating in youth sports by following this Parents' Code of Ethics Pledge.

I will encourage good sportsmanship by demonstrating positive support for all players, coaches and officials at every game, practice or other youth sports event.

I will place the emotional and physical well being of my child ahead of a personal desire to win.

I will insist that my child play in a safe and healthy environment.

I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.

I will demand a sports environment for my child that is free of drugs, tobacco and alcohol, and will refrain from their use at all youth sports events.

I will remember that the game is for youth – not for adults.

I will do my very best to make youth sports fun for my child.

I will ask my child to treat other players, coaches, fans and officials with respect regardless of race, sex, creed or ability.

I promise to help my child enjoy the youth sports experience by doing whatever I can such as being a respectable fan, assisting with coaching, or providing transportation.

I will require that my child's coach be trained in the responsibilities of being a youth sports coach and that the coach upholds the Coaches' Code of Ethics.

Signature _____ Date: _____

Print Name: _____ Team: _____

PLAYERS' CODE OF ETHICS

Coaches and parents have a responsibility to provide the best possible experience for the youth in sports programs. However, the players also have certain responsibilities related to their participation. The Players' Code of Ethics should be read and signed by all team members.

I _____, hereby pledge to be positive about my youth sports experience and accept responsibility for my participation by following this Players' Code of Ethics Pledge.

I will encourage good sportsmanship from fellow players, coaches, officials and parents at every game and practice by demonstrating good sportsmanship myself.

I will attend every practice and game that I can and will notify my coach if I cannot.

I will expect to receive a fair and equal amount of playing time.

I will do my best to listen and learn from my coaches.

I will treat my coaches, other players, officials and fans with respect regardless of race, sex, creed, or abilities and I will expect to be treated accordingly.

I will conduct myself in a manner at all team activities and at all facilities in way that represents my community positively.

I deserve to have fun during my sports experience and will alert my parents or coaches if it stops being fun.

I deserve to play in an environment that is free of drugs, tobacco, and alcohol and expect all players, coaches, parents and fans to refrain from their use at all youth sports events.

I will encourage my parents to be involved with my team in some capacity because it's important to me.

I will do my best in school.

I will remember that playing sports is an opportunity to learn and most of all have fun!

I realize that any player who cannot abide by these rules may be disciplined.

Signature _____ Date: _____

Print Name: _____ Team: _____